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# Tumor-activated dendritic cells pulsed CD8<sup>+</sup> T cells injection reduced tumor necrosis in metastatic breast cancer mouse model

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## ABSTRACT

Background: Different types of immune cells, such as tumor-specific T cells, natural killer (NK) cells and dendritic cells (DCs), are being studied for use in treating metastatic cancer. However, disease progression varies based on the source, type, and mode of administration of immune cells. The aim of the current study is to determine the effect of intravenous administration of human peripheral blood-derived CD8<sup>+</sup> T cells and tumor-activated monocyte-derived dendritic cells (moDCs) pulsed CD8<sup>+</sup> T cells on a human metastatic breast cancer mouse model. Methods: A total of nine NOD.SCID gamma (NSG) mice were randomized into three groups to investigate their therapeutic effect. After induction of MDA-MB-231, the NSG mice were monitored daily for well-being and tumor growth. Once tumor size was approximately one millimeter, the CD8<sup>+</sup> T cells and tumoractivated moDCs pulsed CD8<sup>+</sup> T cells were injected intravenously twice a week for three weeks. A month after the last treatment, all NSG mice were terminated and tumor prognosis was evaluated by performing histological analysis on the mammary fat pads and livers. Interferon (IFN)- $\gamma$ , interleukin (IL)-4, IL-10 and IL-17 levels were evaluated in the serum using luminex cytokine array and T-bet, GATA-3, Foxp3, ROR $\gamma$ t gene expression in the mammary fat pad and the liver were measured using quantitative real-time polymerase chain reaction (gRT-PCR). Results: Tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells significantly reduced tumor necrosis in the liver but not in the mammary fat pad compared to untreated tumorbearing NSG mice. No difference was seen in the secretion levels of IFN- $\gamma$ , IL-4, IL-10, and IL-17 in the serum of untreated and treated tumor-bearing NSG mice before and after treatment. Mammary fat pad and liver isolated from the tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells showed increased T-bet gene expression but reduced GATA-3, Foxp3, and RORyt gene expression. **Conclusion**: The current study indicated that tumoractivated moDCs pulsed CD8<sup>+</sup> T cells treated mice showed better outcomes in reducing tumor necrosis compared to CD8<sup>+</sup> T cells, which is supported by increased anti-tumor related gene expression and reduced pro-tumor related gene expression in the mammary fat pads and livers of tumor-bearing NSG mice.

Key words: Cytotoxic T cells, Dendritic cells, Metastatic breast cancer, NOD.SCID gamma mice

# INTRODUCTION

It was estimated that 2.3 million new breast cancer cases were detected among women in 2020, which represented 11.7% of new cancer cases, with an estimated 684,996 deaths globally<sup>1</sup>. Additionally, breast cancer represents one in four of all cancers and causes one in six deaths in women<sup>1</sup>. The occurrence of breast cancer is anticipated to increase more than 46% based on the GLOBOCAN Cancer Tomorrow prediction tool<sup>2</sup>. In 2018, the total number of the new cases among Malaysian women was 7593 (32.7%), causing 2894 deaths<sup>3</sup>. Generally, 30–40% of Malaysian women were diagnosed at stage 3 and 4 breast cancer compared to other countries in Asia<sup>4,5</sup>. Treatment for a metastatic patient is a very complex issue, with the patient often developing resistance to avail-

able chemotherapeutic agents. After exhausting the first or second line treatments, there are usually limited chemotherapeutic options available, or patients may not be suitable for further chemotherapy due to the toxicities of the previous treatments. At this stage, further treatment may significantly increase morbidities and any further survival or symptomatic benefits may be minimal. Therefore, the establishment of new therapeutic approaches to treat metastatic breast cancer patients are urgently needed.

Tumor-specific immunotherapy is a therapeutic approach recently introduced to treat metastatic breast cancer patients. Systematic activation and enhancement of the host immune system facilitates the induction of tumor-specific anti-tumor immune responses, which can easily recognize and eradicate the tumor

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cells as well as induce the immunological memory to control tumor relapse<sup>6</sup>. This theoretical clinical approach could be an appropriate treatment regimen for a heterogeneous population of metastasized cancer. Current evidence suggests that antigen-specific cvtotoxic T lymphocyte (CTL) cells play a crucial role in development of immunotherapy<sup>7</sup>. Additionally, dendritic cells (DCs) are critical in the development of antigen-specific effector cells and generating therapeutic immunity against cancers<sup>8</sup>. One role of DCs is to induce tumor-specific CTLs that function in recognition and elimination of antigen-specific cancer cells<sup>9</sup>. Notably, DCs can carry more than one antigen and can therefore generate more than one antigen-specific CTL clone. This could facilitate the eradication of the heterogeneous cancer cell population, including the cancer stem cell (CSCs)<sup>10</sup>. Furthermore, with this widely expanding knowledge, numerous in vitro and pre-clinical studies have successfully demonstrated that autologous immune enhancement therapy (AIET) is feasible and tolerable, with promising results for various metastatic cancers<sup>11</sup>. AIET offers a new therapeutic strategy to overcome the limitations of current therapeutic regimens and to improve the treatment outcomes in patients with advanced breast cancer. Both innate (DCs) and adaptive (T cells) immune cells play a crucial role against cancer development in a process called "anti-cancer or immune response". This AIET is designed for systematic activation and production of an antigenspecific immune response that can recognize tumor antigens expressed on the surface of cancer cells. Ultimately, the objective of active immunotherapy is to elicit antigen-specific T cell responses. These antigenspecific immune responses are mostly dependent on the presence of DCs in lymphoid tissues and peripheral blood. These DCs will uptake the tumorspecific antigens and process them into small peptides that are then coupled with either major histocompatibility complex ((MHC)-I or MHC-II) molecule expressed on the DCs surface<sup>12</sup>. These antigenpresenting cells (APCs) migrate into the lymphoid organ and are bound with Th1 (CD4<sup>+</sup> T cell) cells through the MHC-II molecule, stimulating the secretion of the cytokine milieu, which includes IL-2 and IFN- $\gamma$ , which is essential for activation and proliferation of the antigen-specific CTLs<sup>12</sup>. Alternatively, the MHC-I molecules on APCs are bound to CD8+T cells and generate antigen-specific CTLs in the presence of Th1 cytokines<sup>12</sup>. Additionally, MHC-II molecules on APCs can bind with Th2 cells to stimulate the secretion of IL-4 and IL-10, as well as interacting with B cells to stimulate antibody production<sup>12</sup>.

Most metastatic breast cancer patients show defects in anti-tumor immunity, which includes decreased DC maturation, impaired natural killer (NK) response, CTL cell maturation, and cytotoxic function, while T regulatory (Treg) cell infiltration is increased 13. Hvpothetically, poor host immunity may facilitate breast cancer cells escaping anti-tumor immunity, leading them to eventually metastasize. This clearly indicates that metastatic breast cancer is strongly linked with anti-tumor immune efficiency, particularly DCs, CTLs, and NK cells. This, in line with specific reactivation of anti-tumor immunity anticipate potential clinical outcome in patients with advanced breast cancer. The present study aimed to evaluate the synergistic effect of ex vivo prepared peripheral blood-derived CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells in a mouse model bearing metastatic breast cancer.

# **METHODS**

#### **Ethics statement**

The leukapheresis procedure was carried out after obtaining a letter of approval from Universiti Sains Malaysia (USM) human ethical research committee (JEPeM code: USM/JEPeM/17120677). The animal study was endorsed by the USM Institutional Animal Care and Use Committee (IACUC) (USM/Animal Ethics Approval/2015/(96)/(628)). All animals were kept and preserved based on the guidelines stated by IACUC.

#### Leukapheresis

Leukapheresis was carried out through peripheral vein entree using the Spectra Optia system (Terumo BCT, Lakewood, Colorado, USA) based on the CMNC program (software version 11.3) as previously described 14. The anticoagulant utilized in the collection bag was acid-citrate-dextrose formula A (ACD-A) (Terumo BCT, Lakewood, Colorado, USA) without heparin. The flow rate was positioned at 0.8 ml/min/LTBV with a ratio of 1:12 between anticoagulation and inlet. The inlet flow rate during the procedure ranged from 40 to 70 ml/min while the anticoagulant flow rate ranged from 0.7 to 1.1 ml/min/LTBV. The flow rate for the collection was fixed at one ml/min. Approximately 120 ml of mononuclear cells (MNCs) was obtained from the leukapheresis procedure.

#### **CD8<sup>+</sup> T cells isolation**

Human CD8<sup>+</sup> T cells were separated from freshly isolated MNCs by negative selection using the human CD8<sup>+</sup> T cell isolation kit as previously described<sup>15</sup> and these were cultured in appropriate medium in the good manufacturing practice (GMP)-certified laboratory owned by Nichi-Asia Life Science Sdn Bhd, Malaysia. Briefly,  $2 \ge 10^8$  cells were mixed into 400  $\mu$ L of PBS, then 100  $\mu$ L of non-CD8<sup>+</sup> T cell biotinantibody cocktail was added to the mixture and incubated at 4 °C for 5 minutes. Next, 300 µL of phosphate-buffer saline (PBS) and 200 µL of antibiotin microbeads were added in the cell mixture and incubated at 4 °C for 10 minutes. The CD8<sup>+</sup> T cells were separated by filling cells into the LS separation column attached to the magnetic cell separator. The flow-through consisting of unlabeled cells, which was enriched with CD8<sup>+</sup> T cells, was collected, while labelled cells (non-CD8<sup>+</sup> T cells) were trapped in the column due to the magnetic beads bound to their surface antigens. After separation, the suspension was removed and centrifuged at 300 x g for 10 minutes. The cell pellet was mixed with one ml complete RPMI medium and the cells were counted.

#### **Human moDCs production**

Human moDCs were produced by culturing freshly isolated MNCs in culture plates for 2 hours in the GMP-certified laboratory owned by Nichi-Asia Life Science Sdn Bhd, Malaysia. Non-adherent cells were discarded while adherent cells (monocytes) were cultured in complete RPMI 1640 which was composed of 10% FBS, 1 mM glutamine, 100 U/ml penicillin, and 100  $\mu$ g/ml streptomycin, together with human granulocyte macrophage colony-stimulating factor (GM-CSF) at 50 ng/ml (Peptrotech, Rocky Hill, NJ, USA) and 10 ng/ml recombinant human IL-4 (Peprotech, Rocky Hill, NJ, USA) for 7 days in the 5% CO2 incubator at 37 °C. The medium was changed every two days with fresh complete RPMI medium together with GM-CSF and IL-4. Immature moDCs were successfully produced after 7 days.

#### CD8+ T cells and moDC phenotyping

Isolated CD8<sup>+</sup> T cells and generated moDCs were characterized by staining CD8<sup>+</sup> T cells for CD3 and CD8, and moDCs for CD11c and CD83 surface expression. The phenotyping and analyses were carried out using BD FACSCanto II (Becton Dickinson, Franklin Lakes, New Jersey, USA) with FlowJo 7.5.3 software.

# Culturing MDA-MB231 and preparation of cells lysate

MDA-MB-231 originating from human breast adenocarcinoma cell lines was obtained from the American Type Culture Collection (Manassas, Virginia,

USA) and maintained in the Dulbecco's Modified Eagle's medium (DMEM) (Thermo Fisher Scientific, Waltham, Massachusetts, USA) containing 5% fetal bovine serum (FBS) (Thermo Fisher Scientific, Waltham, Massachusetts, USA), 100 U/ml penicillin, 100 µg/ml streptomycin (Thermo Fisher Scientific, Waltham, Massachusetts, USA), 600 µg/ml Lglutamine (Thermo Fisher Scientific, Waltham, Massachusetts, USA) and 6/500 ml 100X non-essential amino acids (Thermo Fisher Scientific, Waltham, Massachusetts, USA), and kept in the 5% CO2 incubator at 37 °C in the GMP-certified laboratory (Nichi-Asia life science Sdn Bhd, Malaysia). MDA-MB-231 cells were accumulated at the exponential phase of growth before injection in the mammary fat pads of mice.

#### Antigen pulsing of DCs

Immature DCs were collected on day 7, and 10 x  $10^6$  cells were plated into a T25 flask. Mature DCs were induced with whole tumor lysate from MDA-MB-231 cells. Briefly, tumor cells were collected at 80% confluence by depleting using 2 ml 0.25% trypsin-EDTA, incubated in the 5% CO<sub>2</sub> incubator at 37 °C for 5 min, and washed in 5 ml of PBS. The trypsinased cells were centrifuged at 300 x g for 5 minutes. The cell pellets were lysed using the RIPA Lysis Buffer System. The BCA Protein Assay Kit was used to determine the total protein concentration. The tumor lysates were stored in aliquots at -80 °C until further use. Tumor lysates were mixed with DCs in the culture flask at a ratio of one DC to five tumor cell equivalents for 24 hours.

#### Tumor-activated moDC pulsed CD8<sup>+</sup> T cells

Mature moDCs and T cells were co-cultured in a T25 flask at a ratio of 1:20 (DCs:T), as this ratio was indicated to produce the most desired T cell proliferation. This high ratio was expected due to the relative infrequency of DCs bearing *in vivo*-captured antigen. Co-cultures were preserved for 48 hours for further experiments.

#### Animals and treatment

Eight weeks old NOD.Cg-*Prkdc<sup>scid</sup> Il2rg<sup>tm1W jl</sup>*/SzJ (NSG) mice were acquired from Jackson Laboratory (Bar Harbor, Maine, USA). After one-week of acclimation to the animal research facility, Advanced Medical and Dental Institute, USM, NSG mice were subjected to tumor inoculation. MDA-MB-231 cells were suspended into 200  $\mu$ l of PBS at a concentration of 5 x 10<sup>6</sup> cells. Before tumor inoculation, mice were anesthetized with ketamine-xylazine-acepromazine (80 - 120 mg/kg) by intra-peritoneal injection. A small incision was made over the right or left auxiliary mammary fat pad and the tumor cells were injected using an insulin syringe with a 27 to 30-gauge needle. The incision was closed with a simple suture. Mice were monitored daily for well-being (physical behavior, food and drink update, and animal body weight) and tumor development (tumor volume and size). Tumor size was measured twice a week using caliper measurement and the volume were calculated as D x  $d^2$  x 0.52, where D is the long diameter and *d* is the perpendicular short diameter. After tumor size reached approximately 0.2 cm, NSG mice were injected via tail vein with 20 x 10<sup>6</sup> CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells twice a week for 3 weeks. Treated NSG mice were terminated four weeks after immune cell treatment. Blood samples were collected from the submandibular vein of NSG mice at the experiment initiation and before termination. After treated NSG mice were terminated, primary mammary fat pad tumor tissue and lung were harvested. Harvested tumor organs were been subjected to pathophysiological examination.

#### Histology

Formalin-fixed mammary fat pad and liver were fixed with paraffin, cut at 5  $\mu$ m, and stained with haematoxylin and eosin using the established procedure. Briefly, the sectioned tissue on the glass slides were subjected to deparaffinization using xylene for 2 minutes, rehydration using various percentages of graded ethanol (100%, 90%, 80%, and 70%) each for 2 minutes, left under tap water flow for 2 minutes, stained with Harris' haematoxylin (Sigma Aldrich, St. Louis, Missouri, USA) for 11 minutes, 0.5% acid alcohol for 2 seconds, tap water for 2 minutes, 0.2% ammonia water (Merck, Kenilworth, New Jersey, USA) for 20 seconds, and tap water for 2 minutes. Then, the sample was counter-stained with eosin (Sigma Aldrich, St. Louis, Missouri, USA) for 3 minutes. The dehydration process was started by using graded ethanol (70%, 80%, 90%, and 100%) for 10 seconds followed by clearing using xylene for 2 minutes. The slides were then mounted using DPX mountant (Sigma Aldrich, St. Louis, Missouri, USA) and the staining was visualized using an Olympus CX31 light microscope (Olympus, Shinjuku City, Tokyo, Japan).

#### Measurement of cytokines in mouse serum

Measurement of IFN- $\gamma$ , IL-4, IL-10, and IL-17 in mouse serum from blood that was collected from the submandibular veins at the initiation, and before the

end, of the experiments. Bloods were centrifuged at 2000 x g for 10 minutes to isolate serum from other blood components. IFN- $\gamma$ , IL-4, IL-10, and IL-17 secretion was evaluated by using mouse magnetic luminex assay (R&D Systems, McKinley Place, Minneapolis, Minnesota, USA) and analyzed on the Luminex<sup>\*</sup> 100 (Luminex Corp., Austin, Texas, USA).

#### **Total RNA extraction and cDNA synthesis**

The collected mammary fat pad and liver were cut removed and kept in RNAlater<sup>®</sup> solution (Ambion<sup>TM</sup>). Approximately 30 mg of the mammary fat pad and the liver were transferred in a lysing matrix D tube (MP Biomedicals, Irvine, CA, USA). TRIzol was added into the tube and FASTPrep<sup>\*</sup>-24 (MP Biomedicals, Irvine, CA, USA) was used to homogenize the tissues. The homogenates were transferred into a new tube and 200  $\mu$ l of chloroform was added. The cap of the sample tubes was closed tightly, and tubes were vortexed firmly for 15 seconds. Then, the sample tubes were incubated for 2 to 3 minutes at room temperature. Sample tubes were centrifuged at 12,000 x g for 15 minutes at 4 °C to produce four layers: a colorless upper aqueous phase, interphase, phenol-chloroform phase, and lower red. The upper aqueous phase composed of RNA was relocated carefully into the new assigned tube. Isopropyl alcohol (0.5 ml) was added into the tube containing the aqueous phase and the tube was placed at room temperature for 10 minutes. Following incubation, that tube was centrifuged at 12,000 x g for 10 minutes at 4 °C. The supernatants were discarded, and the RNA pellets were mixed with 1 ml 75% ethanol followed by spinning at 7,500 x g for 5 minutes at 4 °C. The RNA pellets were air-dried for 5-10 minutes and were eluted into 30  $\mu$ l of RNAase free water. Subsequently, the tetro cDNA synthesis kit (Bioline, London, UK) was utilized to reverse-transcribe 2  $\mu$ g of total RNA. Briefly, the reaction mixture tube containing total RNA, ribosafe RNA inhibitor, oligo (dT) 18, 5x RT buffer 10 mM dNTP, tetro reverse transcriptase, and DEPC-treated water, totaling 20 µl, was prepared. The sample tubes were vortexed firmly and incubated at 45 °C for 30 minutes. The reactions were terminated by incubating at 85 °C for 5 minutes and placed on ice.

# Quantitative Real-Time Polymerase Chain Reaction (qRT-PCR)

A SensiFAST SYBR Hi-Rox Kit (Bioline, London, UK) was used to quantify relative mRNA expression levels on a StepOnePlus Real-Time PCR System (Applied Biosystems, Foster City, CA, USA). The reaction mixtures containing 10 µl of 2x SensiFAST SYBR<sup>\*</sup> Hi-ROX Mix, 0.8  $\mu$ l of 10  $\mu$ M primer pair mixture, 7.4  $\mu$ L H<sub>2</sub>O and 1  $\mu$ l of cDNA were prepared and subsequent qRT-PCR was carried out as follows: a denaturing step at 95 °C for 2 min, then 95 °C for 10 s (40 cycles) and finally 60 °C for 30 s. The sequences of the primers for target genes were T-bet: 5'-CCTGGACCCAACTGTCAACT-3' 5'-AACTGTGTTCCCGAGGTGTC-3' (F) (R). ROR yt: 5'TGCAAGACTCATCGACAAGG-3'(F) 5'-AGGGGATTCAACATCAGTGC-3' (R), Foxp3: 5'-CAACCTAGCCCCAAGATGAA-3' (F) 5'-CCAGATGTTGTGGGTGAGTG-3' (R), and GATA-3: 5'-CCGAAACCGGAAGATGTCTA-3' (F) 5'-AGGGCTCTGCCTCTCTAACC-3' (R). ΔΔCt method was used to calculate the relative mRNA expression.

#### **Statistical analysis**

GraphPad Prism Version 8.0 software was used to carried out statistical analysis. Values of the data were presented as mean  $\pm$  standard deviation (SD) from three mice per treatment group and were analyzed using one-way analysis of variance (ANOVA) followed by the Bonferroni post-hoc test. The expressions of IFN- $\gamma$ , IL-4, IL-10, and IL-17 in the serum of blood were analyzed by two-way ANOVA followed by Bonferroni post hoc test.

#### RESULTS

# Characterization of expanded CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells

We examined expanded CD8<sup>+</sup> T cells by performing basic phenotyping for CD3<sup>+</sup>CD8<sup>+</sup> cells using flow cytometry analysis. Figure 1A shows that the percentage of  $CD3^+CD8^+$  T cells was 74.6%. The CD8<sup>+</sup> T cell growth from two different donors showed consistent shape as indicated by microscopy (Figure 1B). After 1 and 2 hours of culture, the microscopy showed round-shaped and non-adherent cell characteristics (Figure 2B). However, the generated moDCs appeared as single cells or loosely adherent aggregates (Figure 2 B). The generated moDCs were comprised of 82.9% CD3<sup>-</sup>CD11c<sup>+</sup> population and CD3<sup>-</sup>CD83<sup>+</sup> population. MDA-MB-231 cell lysate-activated moDCs pulsed CD8<sup>+</sup> T cells at a ratio of 1 in 20 stimulated CD8<sup>+</sup> T cell proliferation (Figure 3).

# Tumor-activated moDCs pulsed CD8<sup>+</sup> T cells reduced tumor necrosis

After approximately 2 months, tumor-bearing NSG mice developed primary metastatic breast cancer, as the anatomy of the mammary fat pad and the liver following haematoxylin and eosin staining showed the presence of numerous macroscopic metastatic foci in untreated and treated tumor-bearing NSG mice (Figure 4). The shape and size of the mammary fat pad and the liver did not show any clear differences between untreated and treated tumor-bearing NSG mice, with the size of both organs being 1.6 - 2.0 mm in all cases. No significant reduction of tumor necrosis in the mammary fat pad was seen between tumor-bearing NSG mice treated with CD8<sup>+</sup> and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells and untreated tumor-bearing NSG mice (Figure 4A). However, tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells significantly reduced tumor necrosis in the liver compared to untreated tumor-bearing NSG mice (p < 0.05 and p < 0.01, respectively) (Figure 4 B).

# No changes in the secretion of IFN- $\gamma$ , IL-4, IL-10 and IL-17

We assessed the expression of IFN- $\gamma$ , IL-4, IL-10, and IL-17 in the serum of blood collected from the submandibular vein of untreated and treated tumorbearing NSG mice to investigate their potential association with tumor progression. Our results indicated that IFN- $\gamma$ , IL-4, IL-10, and IL-17 secretion in the blood of untreated and treated tumor-bearing NSG mice did not show any significant differences at experiment initiation and after termination.

# CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells increased anti-tumor related gene, but reduced pro-tumor related gene, expression

We also evaluated the expression of Th1, Th2, Treg, and Th17 related transcription factor (TF) genes in the mammary fat pads and livers of untreated and treated tumor-bearing NSG mice to associate these with tumor necrosis. The mRNA level of Th1-specific TF, Tbet, was increased in the mammary fat pad and the liver of tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells (p < 0.001) compared to untreated tumorbearing NSG mice. Interestingly, tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells had reduced expression of Th2-specific TF, GATA-3, and Treg-specific



Figure 1: Phenotyping and the morphology of CD8<sup>+</sup> T cells. The expression of CD3 and CD8 were presented as percentage of gated cells using BD flow cytometry software (**A**). The microscopic images of CD8<sup>+</sup> T cells morphology isolated from two different donors for day 3, 6, 8, 10 and 12 respectively were observed under an inverted microscope at 10X (**B**).

TF, Foxp3, in the mammary fat pad and the liver (p < 0.001) compared to untreated tumor-bearing NSG mice. However, only the livers of tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells showed a reduction of Th17-specific TF, ROR $\gamma$ t (p < 0.001) compared to untreated tumor-bearing NSG mice.

# DISCUSSION

The correlation between immune system responses and tumor development is being intensively investigated in metastatic breast cancer. Tumor antigenspecific CD8<sup>+</sup> T cell-based immunotherapy has appeared as one of the most potent therapies for various types of cancer <sup>16–18</sup>. However, this treatment regime is hindered by low T cell survival following their introduction *in vivo* <sup>19</sup>. The current study was performed to evaluate the effect of CD8<sup>+</sup> T cells and tumoractivated moDCs pulsed CD8<sup>+</sup> T cells injection in a metastatic breast cancer mouse model. The foundation of this treatment is the induction of an antitumor response by CTLs following the engagement of tumor antigens with DC receptors in the patient<sup>20</sup>. Engagement of both DCs and tumor-associated antigens (TAAs) are crucial as DCs are regarded as the optimal APCs for recognizing and processing a wide array of TAAs, such as peptides, heat shock proteins, lysates and apoptotic bodies, to induce tumor based immune responses<sup>20</sup>.

Initially, isolated CD8<sup>+</sup> T cells were isolated from MNCs using a CD3 gate to discriminate T cell lymphocytes, with subsequent analysis of CD8 expression within the CD3 gate using flow cytometry. 74.6% of the population was CD3<sup>+</sup>CD8<sup>+</sup>, which was acceptable percentage. Also, moDCs were successfully generated from MNCs using GM-CSF and IL-4. These moDCs displayed single cells or loosely adherent aggregates and expressed CD11c and CD83, which are both DC-related markers. CD11c is also recognized as integrin alpha X and is most frequently utilized as a characterizing marker for DCs<sup>21</sup>. CD83 has a critical role as a co-stimulatory signal for the activation of naïve and memory T cells<sup>22</sup>. Therefore, CD8<sup>+</sup> T cells and functional moDCs were successfully isolated and







**Figure 3**: **Morphology of tumor-activated moDCs pulsed CD8**<sup>+</sup> **T cells**. Representative microscopic image of tumor-activated moDCs pulsed CD8<sup>+</sup> T cells with ratio 1:20 was observed under an inverted microscope at 40X magnification.



**Figure 4: Tumorigenesis and metastasis formation in the untreated and treated tumor-bearing NSG mice.** Gross and microscopic morphology of the mammary fat pad and the liver extracted from untreated tumor-bearing NSG mice, tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-bearing NSG mice treated with tumor-activated moDCs pulsed CD8<sup>+</sup> T cells (**A**). Microscopic morphology of the mammary fat pad and the liver extracted from untreated tumor-bearing NSG mice treated tumor-bearing NSG mice treated tumor-bearing NSG mice confirming numerous metastatic nodules which regard as necrosis (**A**). No significant reduction of tumor metastasis in the mammary fat pad between tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells compared to untreated tumor-bearing NSG mice (**B**). However, tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells and tumor-bearing NSG mice (p < 0.05 and p < 0.01) (**B**). Values are presented as the mean ± SD from three NSG mice for each untreated and treated groups. (\* p < 0.05, \*\* p < 0.01, ns = not significant)



**Figure 5:** Assessing the secretion of IFN- $\gamma$ , IL-4, IL-10 and IL-17 in the serum of untreated and treated tumorbearing NSG mice. Blood was collected from the submandibular vein of untreated and treated tumor-bearing NSG mice at initial and termination. IFN- $\gamma$ , IL-4, IL-10 and IL-17 in serum were determined by mouse magnetic luminex assay but no significant differences were observed between the untreated and treated tumor-bearing NSG mice. Values are presented as the mean  $\pm$  SD from the serum of three NSG mice for each untreated and treated groups.

induced from MNCs respectively, and both types of these cells were utilized in subsequent experiments. These moDCs were activated with tumor lysates originating from MDA-MB-231 cell lines before coculturing with CD8<sup>+</sup> T cells in a ratio of 1:20. Then, CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells were injected via the tail vein of tumorbearing NSG mice. NOD.SCID gamma (NOD.Cg-Prkdc<sup>scid</sup> Il2rg<sup>tm1W jl</sup>/SzJ) was used in this study as NSG mice are a widely accepted xenograft model for studying advanced metastatic breast cancer, and they displayed the generation of metastasis originating from the mammary gland following induction with human cancer cells<sup>23</sup>. NSG mice are prone to metastasis generation due to complete depletion of B cells, NK cells, T cells, DCs, macrophages, and the complement system, and complete engraftment and cell growth has been reported upon injection of human breast cancer cell lines into the NSG mice<sup>23</sup>. Therefore, NSG mice are the most utilized model for replicating the human environment for studying the underlying mechanism for the eradication of metastatic breast cancer by cancer-specific adaptive immune therapy<sup>23</sup>.

Our findings showed that tumor-activated moDCs pulsed CD8<sup>+</sup> T cells decreased tumor necrosis in both the mammary fat pad and liver whereas CD8<sup>+</sup> T cells only attenuated tumor necrosis in the liver. DCs have an important role in eliciting T cell anti-tumor responses<sup>24,25</sup>. DCs originating in the tumor-draining lymph nodes are involved in engaging tumor antigens and presenting them to naive CTLs<sup>26,27</sup>. For example, CD8 $\alpha^+$  DCs residing inside lymph nodes were specifically responsible for the engagement of exogenous antigens, processing and presenting peptides on their surface to naive CD8<sup>+</sup> T cells using MHC-I<sup>28</sup>, whereas migratory CD8 $\alpha^-$  DCs are involved in the presentation of peptides to CD4<sup>+</sup> T cells using MHC-II<sup>29</sup>. DCs play a pivotal role in regulating T cell antitumor responses, and the current study has shown that tumor-activated moDCs pulsed CD8+ T cells produce a better outcome for reducing tumor metastasis. Another study has shown that  $CD8\alpha^+$  DCs were required for eliciting CTL anti-tumor responses



Figure 6: mRNA expression of Th1, Th2, Treg and Th17-specific TF in the mammary fat pad and the liver of untreated and treated tumor-bearing NSG mice. Total RNA was extracted from the mammary fat pad and the liver of untreated and treated tumor-bearing NSG mice and were reverse-transcribed into cDNA using a commercial kit. T-bet, GATA-3, Foxp3 and ROR  $\gamma$ t gene expression was evaluated using qRT-PCR. Values are presented as the mean  $\pm$  SD from the mammary fat pad and the liver of three NSG mice for each untreated and treated groups. (\*\* p < 0.01, \*\*\* p < 0.001).

in transgenic mice depleted of transcription factor Batf3<sup>30</sup>. These mice displayed a deficiency of CD8 $\alpha^+$ DCs in their spleen and lymph nodes, while other subsets of DCs remained functional and intact. In the current study, the ineffectiveness of the CTL treatment in reducing tumor necrosis in the mammary fat pad may be due to a failure to process and present tumor antigens on the MHC-II complex rather than there being a deficiency in cross-presentation<sup>26</sup>. The adoptive transfer of several types of lymphocytes for managing breast cancer has been investigated in numerous studies. The transplant of allogeneic stem cells in combination with high-dose chemotherapy produced robust results but also elicited significant safety concerns, whereas adoptive cell therapy produced better outcomes but displayed a lack of efficacy<sup>31-34</sup>. The adoptive transfer of tumor-infiltrating lymphocytes (TILs) in breast cancer patients revealed a clear correlation between eliciting stromal TIL populations and a better prognosis in triple-negative breast cancer<sup>35–38</sup>. DCs are utilized for breast cancer immunotherapy because they can activate CD8<sup>+</sup> T cells and CD4<sup>+</sup> T cells, eliciting memory T cells which generate an additional cytotoxic effect when combating tumors<sup>39</sup>. Autologous DCs conjugated with tumor cells via recognition with specific receptors or activated by either tumor antigens or tumor lysates have been used to induce T cell anti-tumor responses 40-42. In contrast to the findings demonstrated in TILs and T cell receptor therapies, large numbers of DCs can be generated from the moDCs of peripheral blood and bone marrow precursors via the apheresis procedure<sup>43</sup>. Currently, almost 20 clinical studies are ongoing at different phases to evaluate the effectiveness of DC vaccinations in breast cancer patients with all major pathologies, with most studies constructed to activate DCs with selected, well-known tumor antigens<sup>44</sup>. Although adoptive cell therapy with DCs did not show any significant outcomes during clinical trial phases<sup>44</sup>, the results of the current study justify the role of DCs in stimulating a T cell response, providing durable memory for the treatment of breast cancer. Additionally, DCs are safe to use and have wellestablished methods for manufacturing in a GMP laboratory, giving them an advantage for utilization, alone or in combination with other T cell therapies, for breast cancer treatment<sup>44</sup>.

Subsequently, we also evaluated the secretion of selected cytokines in the serum of tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells. The augmentation of breast cancer not only relies on its malignant cells, but also involves the interplay between secreted growth factors and cytokines that are generated by a wide array of cells such as malignant, stromal, immune, and endothelial cells populating the tumor microenvironment<sup>45</sup>. Th1 cells mainly produce IL-2, TNF- $\alpha$  and IFN- $\gamma$ , which elicit macrophage cytolytic and antitumor activities<sup>46</sup>. Th2 cells secrete IL-5, IL-6, IL-10, IL-13, and IL-4, which stimulate T cell anergy and induce the activity of tumor-associated macrophages (TAMs)<sup>46</sup>. A recent study indicated that a Th17 cell secreted cytokine, IL-17A, promoted tumor progression by altering the non-metastatic tumor cell gene expression profile 47, resulting in a pro-tumor effect. Additionally, increased IL-17A expression corresponded with a poor prognosis in patients with invasive ductal carcinoma (IDC) of the breast 47. Treg cells stimulated breast cancer growth by hindering the activity of anti-tumor CTL and Th1 cells<sup>48</sup>. High Foxp3 expression also indicated that a high infiltration level of Treg cells was closely correlated with the size, vascularity, and invasion of the tumor<sup>48</sup>. The current study did not show any significant differences in the secretion of IFN- $\gamma$ , IL-10, IL-4, or IL-17 in the serum of all groups of tumor-bearing NSG mice before and after injection of CD8<sup>+</sup> T cells and tumoractivated moDCs pulsed CD8<sup>+</sup> T cells. The expression of Th1-specific TF T-bet was increased in the mammary fat pad and liver of tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells. Interestingly, CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells had reduced expression of Th2-specific TF GATA-3 and Treg-specific TF Foxp3 in the mammary fat pads and the livers of tumor-bearing NSG mice. However, only the liver of tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells showed a reduction of Th17-specific TF ROR $\gamma$ t. The reduction of tumor metastasis in tumor-bearing NSG mice treated with CD8<sup>+</sup> T cells and tumor-activated moDCs pulsed CD8<sup>+</sup> T cells, especially in the liver, was associated with the increase of anti-tumor related Th1 cells and reduced pro-tumor associated Th2, Treg, and Th17 cells.

As an alternative to the application of tumor lysate pulsed DCs for eliciting a CD8<sup>+</sup> T cell anti-tumor response, total RNA extracted from tumor biopsy and pulsed into DCs has produced encouraging results for inducing effective Th1 and CD8<sup>+</sup> T cell responses against hepatoma cells<sup>49</sup>. Additionally, a study by Sumramsub et al. demonstrated that total RNA extracted from breast CSCs-pulsed DCs stimulated antitumor cells, such as CD8<sup>+</sup> T cells, Th1 cells, and NK cells, to induce breast cancer apoptosis with greater killing capability than DCs pulsed with total RNA extracted from whole cancer cells, which are composed of a combination of CSCs and non-CSCs<sup>50</sup>. Moreover, the utilization of RNA hinders the reaction of the immunosuppressive factors derived from the tumor protein lysate. Therefore, DCs pulsed with RNA may produce more potent anti-tumor effects <sup>50</sup>. RNAbased vaccines are successful due to their simplicity as the RNA encodes the specific genes of interest, is low cost as mRNA can be easily and cheaply extracted at higher quantities, and safe due to the shorter half-life of RNA in cells and with no risk of incorporation into the genome of the transfected cell as the RNA deteriorates upon translation of the encoded protein<sup>51</sup>. Additionally, the injected RNA molecules are translated into proteins in the cytoplasm of the host cells without the occurrence of transcription in the nucleus, as is required for DNA a vaccine, therefore separating them from host transcription factors<sup>51</sup>.

# CONCLUSIONS

The current study showed that tumor-activated moDCs pulsed  $CD8^+$  T cells produced a better outcome in reducing tumor necrosis compared to  $CD8^+$  T cells, which is supported by increased expression of anti-tumor related genes, and reduced expression of pro-tumor related genes, in the mammary fat pads and the livers of tumor-bearing NSG mice. However, tumor-activated moDCs pulsed  $CD8^+$  T cells therapy for breast cancer requires further study in other humanized breast cancer mouse models and could be studied in combination with other cell therapies, chemotherapy, or radiotherapy to enhance their effectiveness against metastatic breast cancer.

#### ABBREVIATIONS

AIET: Autologous immune enhancement therapy; ANOVA: one-way analysis of variance; APCs: Antigen presenting cells; CSCs: Cancer stem cells; CTL: Cytotoxic T lymphocytes; DCs: Dendritic cells; I FN $\gamma$ : Interferon- $\gamma$ ; GM-CSF: Granulocyte macrophage-colony stimulating factor; GMP: Good manufacturing practice; IL: Interleukin; MHC: Major histocompatibility complex; MoDCs: Monocytederived dendritic cells; NK cells: Natural killer cells; NSG: NOD.SCID gamma; qRT-PCR: quantitative Real Time-Polymerase Chain Reaction; SD: Standard deviation; TAA: Tumor-associated antigen; TF: transcription factor; TILs: Tumor-infiltrating lymphocytes; Treg: T regulatory

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#### **AUTHOR'S CONTRIBUTIONS**

NR carried out the animal study and post animal analysis, ISI and EAO involved in flow cytometry analysis and contributing ideas in drafting the research proposal, NAK assists NR in performing animal study, SAMI evaluates tumor necrosis, SSG and BS involve in preparation of DCs and CD8+ T cells and also involved in designing the whole experiment, RM is the principal investigator for the grant that fund this research, designing the whole experiment, help NR in carried out animal study and wrote the manuscripts. All read and approved the manuscript.

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# AVAILABILITY OF DATA AND MATERIALS

Data and materials used and/or analyzed during the current study are available from the corresponding author on reasonable request.

# ETHICS APPROVAL AND CONSENT TO PARTICIPATE

Not applicable.

#### **CONSENT FOR PUBLICATION**

Not applicable.

## **COMPETING INTERESTS**

The authors declare that they have no competing interests.

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